

The Westview School Staff Lunch Menu January--2024

Broccoli, Fresh Cut Fruit Chicken Breast Stuffed with Spinach and Cheese, Served with Rice Pilaf & Seasonal Vegetables Field Green Salad, Roasted Butternut Squash, Roasted Turkey Breast, Fresh Pomegranate, Feta Cheese, Served with Roasted Shallot Vinaigrette 15-Jan	2-Jan SCHOOL CLOSED 9-Jan Tamales, Black Beans, Steamed Rice, Fresh Cut Fruit alad with Grape Tomato, Black Olives, Croutons, Breaded Breast, Parmesan Cheese, Served with Italian Dressing	3-Jan SCHOOL CLOSED 10-Jan Sweet & Sour Chicken, Steamed Rice, Broccoll, Fresh Cut Fruit Chicken Parmesan with Marinara Sauce, Angel Hair Pasta, Served with Sautéed Broccoli	A-Jan Baked Chicken Breast with Anaheim Sauce, Steamed Rice, Diced Carrots and Peas, Fresh Cut Fruit Beef Fajitas with Grilled Peppers & Onions on Flour Tortilla, Served with Black Beans & Spanish Rice Mandarin Chicken Salad: Field Greens, Dried Cranberry, Mandarin, Toasted Pecan and Breaded Chicken Breast, Served with Balsamic Vinaigrette 11-Jan Spaghetti with Turkey Meat Sauce, Fresh Green Beans & Carrots, Fresh Cut Fruit	S-Jan Chicken and Waffles, Roasted Red Potatoes, Steamed Broccoli, Ketchup, Fresh Cut Fruit Garden Grilled Cheese Sandwich with Zucchini, Tomato & Basil, Served with Curried Butternut Squash Soup Organic Kale Salad with Grilled Chicken Breast, Sliced Apples, Toasted Pumpkin Seeds, Fresh Blueberry, Feta Cheese, Served with Blueberry Ginger Dressing 12-Jan Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing, Fresh Cut Fruit
B-Jan Macaroni and Cheese with Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit Chicken Breast Stuffed with Spinach and Cheese, Served with Rice Pilaf & Seasonal Vegetables Field Green Salad, Roasted Butternut Squash, Roasted Turkey Breast, Fresh Pomegranate, Feta Cheese, Served with Roasted Shallot Vinaigreties 15-Jan	9-Jan Tamales, Black Beans, Steamed Rice, Fresh Cut Fruit alad with Grape Tomato, Black Olives, Croutons, Breaded	10-Jan Sweet & Sour Chicken, Steamed Rice, Broccoli, Fresh Cut Fruit Chicken Parmesan with Marinara Sauce, Angel Hair Pasta, Served	Carrots and Peas, Fresh Cut Fruit Beef Fajitas with Grilled Peppers & Onions on Flour Tortilla, Served with Black Beans & Spanish Rice Mandarin Chicken Salad: Field Greens, Dried Cranberry, Mandarin, Toasted Pecan and Breaded Chicken Breast, Served with Balsamic Vinaigrette 11-Jan Spaghetti with Turkey Meat Sauce, Fresh Green Beans & Carrots,	Ketchup, Fresh Cut Fruit Garden Grilled Cheese Sandwich with Zucchini, Tomato & Basil, Served with Curried Butternut Squash Soup Organic Kale Salad with Grilled Chicken Breast, Sliced Apples, Toasted Pumpkin Seeds, Fresh Blueberry, Feta Cheese, Served with Blueberry Ginger Dressing 12-Jan Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing,
Macaroni and Cheese with Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit Chicken Breast Stuffed with Spinach and Cheese, Served with Rice Pilaf & Seasonal Vegetables Field Green Salad, Roasted Butternut Squash, Roasted Turkey Breast, Fresh Pomegranate, Feta Cheese, Served with Roasted Shallot Vinaigrette 15-Jan	Tamales, Black Beans, Steamed Rice, Fresh Cut Fruit alad with Grape Tomato, Black Olives, Croutons, Breaded	Sweet & Sour Chicken, Steamed Rice, Broccoli, Fresh Cut Fruit Chicken Parmesan with Marinara Sauce, Angel Hair Pasta, Served	with Black Beans & Spanish Rice Mandarin Chicken Salad: Field Greens, Dried Cranberry, Mandarin, Toasted Pecan and Breaded Chicken Breast, Served with Balsamic Vinaigrette 11-Jan Spaghetti with Turkey Meat Sauce, Fresh Green Beans & Carrots,	Organic Kale Salad with Grilled Chicken Breast, Sliced Apples, Toasted Pumpkin Seeds, Fresh Blueberry, Feta Cheese, Served with Blueberry Ginger Dressing 12-Jan Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing,
Macaroni and Cheese with Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit Chicken Breast Stuffed with Spinach and Cheese, Served with Rice Pilaf & Seasonal Vegetables Field Green Salad, Roasted Butternut Squash, Roasted Turkey Breast, Fresh Pomegranate, Feta Cheese, Served with Roasted Shallot Vinaigrette 15-Jan	Tamales, Black Beans, Steamed Rice, Fresh Cut Fruit alad with Grape Tomato, Black Olives, Croutons, Breaded	Sweet & Sour Chicken, Steamed Rice, Broccoli, Fresh Cut Fruit Chicken Parmesan with Marinara Sauce, Angel Hair Pasta, Served	Toasted Pecan and Breaded Chicken Breast, Served with Balsamic Vinaigrette 11-Jan Spaghetti with Turkey Meat Sauce, Fresh Green Beans & Carrots,	Toasted Pumpkin Seeds, Fresh Blueberry, Feta Cheese, Served with Blueberry Ginger Dressing 12-Jan Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing,
Macaroni and Cheese with Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit Chicken Breast Stuffed with Spinach and Cheese, Served with Rice Pilaf & Seasonal Vegetables Field Green Salad, Roasted Butternut Squash, Roasted Turkey Breast, Fresh Pomegranate, Feta Cheese, Served with Roasted Shallot Vinaigrette 15-Jan	Tamales, Black Beans, Steamed Rice, Fresh Cut Fruit alad with Grape Tomato, Black Olives, Croutons, Breaded	Sweet & Sour Chicken, Steamed Rice, Broccoli, Fresh Cut Fruit Chicken Parmesan with Marinara Sauce, Angel Hair Pasta, Served	Spaghetti with Turkey Meat Sauce, Fresh Green Beans & Carrots,	Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing,
Broccoli, Fresh Cut Fruit Chicken Breast Stuffed with Spinach and Cheese, Served with Rice Pilaf & Seasonal Vegetables Field Green Salad, Roasted Butternut Squash, Roasted Turkey Breast, Fresh Pomegranate, Feta Cheese, Served with Roasted Shallot Vinaigrette 15-Jan	alad with Grape Tomato, Black Olives, Croutons, Breaded	Chicken Parmesan with Marinara Sauce, Angel Hair Pasta, Served		
Pilaf & Seasonal Vegetables Chicken Bru Field Green Salad, Roasted Butternut Squash, Roasted Turkey Breast, Fresh Pomegranate, Feta Cheese, Served with Roasted Shallot Vinaigrette 15-Jan	· · · · · · · · · · · · · · · · · · ·			1
Breast, Fresh Pomegranate, Feta Cheese, Served with Roasted Shallot Vinaigrette 15-Jan			Beef Fajitas with Grilled Peppers & Onions on Flour Tortilla, Served with Black Beans & Spanish Rice	Garden Grilled Cheese Sandwich with Zucchini, Tomato & Basil, Served with Curried Butternut Squash Soup
1 11	alad Sandwich with Spring Mix on Croissant, Served with House Made Veggie Chips	Taco Salad: Ground Beef, Lettuce, Tomato, Sour Cream, Cheddar Cheese, Tortilla Chips	Mandarin Chicken Salad: Field Greens, Dried Cranberry, Mandarin, Toasted Pecan and Breaded Chicken Breast, Served with Balsamic Vinaigrette	Organic Kale Salad with Grilled Chicken Breast, Sliced Apples, Toasted Pumpkin Seeds, Fresh Blueberry, Feta Cheese, Served with Blueberry Ginger Dressing
SCHOOL CLOSED Parmesan &	16-Jan	17-Jan	18-Jan	19-Jan
School Cesses	n & Ricotta Ravioli, Oven Roasted Zucchini, Garlic Bread, Fresh Cut Fruit	Shepherd's Pie Casserole with Ground Beef, Baked Yellow Squash, Sourdough Bread, Fresh Cut Fruit	Baked Ziti with Turkey Kielbasa, Vegetable Medley, Garlic Bread, Fresh Cut Fruit	Breakfast for Lunch: Pancake, Turkey Sausage, Breakfast Potato, Steamed Broccoli, Fresh Cut Fruit
	alad with Grape Tomato, Black Olives, Croutons, Breaded Breast, Parmesan Cheese, Served with Italian Dressing	Chicken Parmesan with Marinara Sauce, Angel Hair Pasta, Served with Sautéed Broccoli	Beef Fajitas with Grilled Peppers & Onions on Flour Tortilla, Served with Black Beans & Spanish Rice	Garden Grilled Cheese Sandwich with Zucchini, Tomato & Basil, Served with Curried Butternut Squash Soup
Chicken Salar	alad Sandwich with Spring Mix on Croissant, Served with House Made Veggie Chips	Taco Salad: Ground Beef, Lettuce, Tomato, Sour Cream, Cheddar Cheese, Tortilla Chips	Mandarin Chicken Salad: Field Greens, Dried Cranberry, Mandarin, Toasted Pecan and Breaded Chicken Breast, Served with Balsamic Vinaigrette	Organic Kale Salad with Grilled Chicken Breast, Sliced Apples, Toasted Pumpkin Seeds, Fresh Blueberry, Feta Cheese, Served with Blueberry Ginger Dressing
22-Jan	23-Jan	24-Jan	25-Jan	26-Jan
Baked Chicken Breast with Alfredo Sauce, Farfalle Pasta, Oven Turkey & Ch	& Cheese Croissant, Caprice Pasta Salad with Fresh Basil, Cucumber, Mozzarella Cheese & Olive Oil, Fresh Cut Fruit	Chicken Nuggets, Waffle Fries, Steamed Broccoli, Ketchup, Fresh Cut Fruit	Chicken Fried Rice with Carrots & Lima Beans, Steamed Broccoli, Fresh Baked Baguette, Fresh Cut Fruit	Beefy Mac and Cheese, Fresh Corn, French Bread, Fresh Cut Fruit
	alad with Grape Tomato, Black Olives, Croutons, Breaded Breast, Parmesan Cheese, Served with Italian Dressing	Chicken Parmesan with Marinara Sauce, Angel Hair Pasta, Served with Sautéed Broccoli	Beef Fajitas with Grilled Peppers & Onions on Flour Tortilla, Served with Black Beans & Spanish Rice	Garden Grilled Cheese Sandwich with Zucchini, Tomato & Basil, Served with Curried Butternut Squash Soup
Field Green Salad, Roasted Butternut Squash, Roasted Turkey Breast, Fresh Pomegranate, Feta Cheese, Served with Roasted Shallot Vinaigrette	alad Sandwich with Spring Mix on Croissant, Served with House Made Veggie Chips	Taco Salad: Ground Beef, Lettuce, Tomato, Sour Cream, Cheddar Cheese, Tortilla Chips	Mandarin Chicken Salad: Field Greens, Dried Cranberry, Mandarin, Toasted Pecan and Breaded Chicken Breast, Served with Balsamic Vinaigrette	Organic Kale Salad with Grilled Chicken Breast, Sliced Apples, Toasted Pumpkin Seeds, Fresh Blueberry, Feta Cheese, Served with Blueberry Ginger Dressing
29-Jan	30-Jan	31-Jan	1-Feb	2-Feb
Italian Meatball Stew with Potatoes and Carrots, Steamed Rice, Sourdough Bread, Fresh Cut Fruit Chicken & Chi	Cheese Quesadillas, Steamed Rice, Black Beans, Fresh Cut Fruit	Broccoli, Cauliflower & Cheese Casserole with Baked Chicken Breast, Plain Pasta, Fresh Baked Baguette, Fresh Cut Fruit		
	alad with Grape Tomato, Black Olives, Croutons, Breaded Breast, Parmesan Cheese, Served with Italian Dressing	Chicken Parmesan with Marinara Sauce, Angel Hair Pasta, Served with Sautéed Broccoli		
Field Green Salad, Roasted Butternut Squash, Roasted Turkey Breast, Fresh Pomegranate, Feta Cheese, Served with Roasted Shallot Vinaigrette				II

*Regular

Staff