

The Westview School Staff Lunch Menu February--2024

Monday 29-Jan	Tuesday 30-Jan	Wednesday 31-Jan	Thursday 1-Feb	Friday 2-Feb
			Baked Chicken Breast with Anaheim Sauce, Steamed Rice, Diced Carrots and Peas, Fresh Cut Fruit Chicken Fettuccini Alfredo with Mushroom & Peas, Served with Garlic Bread Organic Kale Salad with Grilled Chicken Breast, Sliced Apples, Toasted Pumpkin Seeds, Fresh Blueberry, Feta Cheese, Served with Blueberry Ginger Dressing	Chicken and Waffles, Roasted Red Potatoes, Steamed Broccoli, Ketchup, Fresh Cut Fruit Grilled Veggie Panini with Spinach, Portabella Mushrooms, Bell Peppers, Caramelized Onions & Pesto on Ciabatta Bread, Served with Broccoli Soup Chicken Caesar Salad with Romaine, Croutons, Parmesan Cheese, Grape Tomatoes, Tossed with Caesar Dressing
5-Feb Macaroni and Cheese with Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit Beef Fajitas with Grilled Peppers & Onions on Flour Tortilla, Black Beans & Spanish Rice Spinach Salad with Chicken Breast, Feta Cheese, Strawberries, Toasted Sliced Almond, Tossed with Lemon Vinaigrette	6-Feb Shepherd's Pie Casserole with Ground Beef, Baked Yellow Squash, Sourdough Bread, Fresh Cut Fruit Tuna Apple Pecan Salad with Spring Mix on Cranberry Walnut Bread, Served with House Made Veggie Chips Pasta Salad with Chicken Breast, Grilled Asparagus, Fresh Basil, Mozzarella Cheese and Grape Tomatoes	7-Feb Sweet & Sour Chicken, Steamed Rice, Broccoli, Fresh Cut Fruit Garden Grilled Cheese Sandwich with Zucchini, Tomato & Basil, Served with Curried Butternut Squash Soup Romaine Salad with Chicken Breast, Black Beans, Corn, Red Bell Peppers, Cheese, Tossed with Chipotle Salad Dressing	8-Feb Spaghetti with Turkey Meat Sauce, Fresh Green Beans & Carrots, Fresh Cut Fruit Chicken Fettuccini Alfredo with Mushroom & Peas, Served with Garlic Bread Organic Kale Salad with Grilled Chicken Breast, Sliced Apples, Toasted Pumpkin Seeds, Fresh Blueberry, Feta Cheese, Served with Blueberry Ginger Dressing	9-Feb Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing, Fresh Cut Fruit Grilled Veggie Panini with Spinach, Portabella Mushrooms, Bell Peppers, Caramelized Onions & Pesto on Ciabatta Bread, Served with Broccoli Soup Chicken Caesar Salad with Romaine, Croutons, Parmesan Cheese, Grape Tomatoes, Tossed with Caesar Dressing
12-Feb BBQ Beef Slider, Baked Beans, Fresh Corn, Fresh Cut Fruit Beef Fajitas with Grilled Peppers & Onions on Flour Tortilla, Black Beans & Spanish Rice Spinach Salad with Chicken Breast, Feta Cheese, Strawberries, Toasted Sliced Almond, Tossed with Lemon Vinaigrette	13-Feb Chicken Enchilada Casserole, Black Beans, Steamed Rice, Fresh Cut Fruit Tuna Apple Pecan Salad with Spring Mix on Cranberry Walnut Bread, Served with House Made Veggie Chips Pasta Salad with Chicken Breast, Grilled Asparagus, Fresh Basil, Mozzarella Cheese and Grape Tomatoes	14-Feb Parmesan & Ricotta Ravioli, Oven Roasted Zucchini, Garlic Bread, Fresh Cut Fruit Garden Grilled Cheese Sandwich with Zucchini, Tomato & Basil, Served with Curried Butternut Squash Soup Romaine Salad with Chicken Breast, Black Beans, Corn, Red Bell Peppers, Cheese, Tossed with Chipotle Salad Dressing	15-Feb Rosemary Chicken with Rice Pilaf, Roasted Red Potato & Carrots, French Bread, Fresh Cut Fruit Chicken Fettuccini Alfredo with Mushroom & Peas, Served with Garlic Bread Organic Kale Salad with Grilled Chicken Breast, Sliced Apples, Toasted Pumpkin Seeds, Fresh Blueberry, Feta Cheese, Served with Blueberry Ginger Dressing	16-Feb SCHOOL CLOSED
19-Feb SCHOOL CLOSED	20-Feb Turkey & Cheese Croissant, Caprice Pasta Salad with Fresh Basil, Tomato, Cucumber, Mozzarella Cheese & Olive Oil, Fresh Cut Fruit Tuna Apple Pecan Salad with Spring Mix on Cranberry Walnut Bread, Served with House Made Veggie Chips Pasta Salad with Chicken Breast, Grilled Asparagus, Fresh Basil, Mozzarella Cheese and Grape Tomatoes	21-Feb Chicken Nuggets, Waffle Fries, Steamed Broccoli, Ketchup, Fresh Cut Fruit Garden Grilled Cheese Sandwich with Zucchini, Tomato & Basil, Served with Curried Butternut Squash Soup Romaine Salad with Chicken Breast, Black Beans, Corn, Red Bell Peppers, Cheese, Tossed with Chipotle Salad Dressing	22-Feb Chicken Fried Rice with Carrots & Lima Beans, Steamed Broccoli, Fresh Baked Baguette, Fresh Cut Fruit Chicken Fettuccini Alfredo with Mushroom & Peas, Served with Garlic Bread Organic Kale Salad with Grilled Chicken Breast, Sliced Apples, Toasted Pumpkin Seeds, Fresh Blueberry, Feta Cheese, Served with Blueberry Ginger Dressing	23-Feb Beef Lasagna with Ricotta Cheese, Mozzarella Cheese & Tomato Basil Pasta Sauce, Baked Yellow Squash, Garlic Bread, Fresh Cut Fruit Grilled Veggie Panini with Spinach, Portabella Mushrooms, Bell Peppers, Caramelized Onions & Pesto on Ciabatta Bread, Served with Broccoli Soup Chicken Caesar Salad with Romaine, Croutons, Parmesan Cheese, Grape Tomatoes, Tossed with Caesar Dressing
26-Feb Grassfed Beef Meatballs, Garden Rotini Pasta, Marinara Sauce, Baked Yellow Squash, Fresh Cut Fruit Beef Fajitas with Grilled Peppers & Onions on Flour Tortilla, Black Beans & Spanish Rice Spinach Salad with Chicken Breast, Feta Cheese, Strawberries, Toasted Sliced Almond, Tossed with Lemon Vinaigrette	27-Feb Chicken & Cheese Quesadillas, Steamed Rice, Black Beans, Fresh Cut Fruit Tuna Apple Pecan Salad with Spring Mix on Cranberry Walnut Bread, Served with House Made Veggie Chips Pasta Salad with Chicken Breast, Grilled Asparagus, Fresh Basil, Mozzarella Cheese and Grape Tomatoes	28-Feb Broccoli, Cauliflower & Cheese Casserole with Baked Chicken Breast, Plain Pasta, Fresh Baked Baguette, Fresh Cut Fruit Garden Grilled Cheese Sandwich with Zucchini, Tomato & Basil, Served with Curried Butternut Squash Soup Romaine Salad with Chicken Breast, Black Beans, Corn, Red Bell Peppers, Cheese, Tossed with Chipotle Salad Dressing	29-Feb Baked Chicken Breast with Anaheim Sauce, Steamed Rice, Diced Carrots and Peas, Fresh Cut Fruit Chicken Fettuccini Alfredo with Mushroom & Peas, Served with Garlic Bread Organic Kale Salad with Grilled Chicken Breast, Sliced Apples, Toasted Pumpkin Seeds, Fresh Blueberry, Feta Cheese, Served with Blueberry Ginger Dressing	1-Mar