



The Westview School Staff Lunch Menu February--2022

Monday 31-Jan	Tuesday 1-Feb	Wednesday 2-Feb	Thursday 3-Feb	Friday 4-Feb
	<p>Toasted Turkey and Cheddar Sandwich, Sweet Potato Tots, Steamed Broccoli, Fresh Cut Fruit</p> <p>Chicken Salad Sandwich with Spring Mix on Croissant, House Made Veggie Chips</p> <p>Mandarin Chicken Salad: Field Greens, Dried Cranberry & Mandarin, Toasted Pecan & Breaded Chicken Breast, Tossed with Balsamic Vinaigrette</p>	<p>Chicken Nuggets, Waffle Fries, Steamed Broccoli, Ketchup, Fresh Cut Fruit</p> <p>Grilled Turkey Caprice Panini with Turkey, Spinach, Mozzarella, Tomato & Fresh Basil Pesto on Ciabatta Bread, Served with Lentil Soup</p> <p>Romaine Salad with Grape Tomato, Black Olives, Crouton, Breaded Chicken, Parmesan Cheese, Tossed in Italian Dressing</p>	<p>Parmesan & Ricotta Ravioli, Green Peas & Diced Carrots, Garlic Bread, Fresh Cut Fruit</p> <p>Tuna Apple Pecan Salad with Spring Mix on Cranberry Walnut Bread, House Made Veggie Chips</p> <p>Chicken Parmesan with Marinara Sauce, Angel Hair Pasta, Sautéed Broccoli</p>	<p>Beef Lasagna with Ricotta Cheese, Mozzarella Cheese & Tomato Basil Pasta Sauce, Baked Yellow Squash, Garlic Bread, Fresh Cut Fruit</p> <p>Grass-fed Meatloaf, Garlic Mashed Potatoes, Sautéed Green Beans</p> <p>California Turkey Wrap in Spinach Tortilla, Oven Baked Turkey, Spinach, Avocado & Tomato, Served with Fruit Salad</p>
7-Feb	8-Feb	9-Feb	10-Feb	11-Feb
<p>Beef Tamales, Black Beans, Steamed Rice, Fresh Cut Fruit</p> <p>Beef Fajitas with Grilled Peppers & Onions on Flour Tortilla, Black Beans & Spanish Rice</p> <p>Organic Kale Salad with Cranberry, Apple, Almonds & Breaded Chicken Breast, Tossed with Lemon Vinaigrette</p>	<p>Turkey & Cheese Croissant, Caprice Pasta Salad with Fresh Basil, Tomato, Mozzarella Cheese & Olive Oil, Sliced Cucumbers, Fresh Cut Fruit</p> <p>Chicken Salad Sandwich with Spring Mix on Croissant, House Made Veggie Chips</p> <p>Mandarin Chicken Salad: Field Greens, Dried Cranberry & Mandarin, Toasted Pecan & Breaded Chicken Breast, Tossed with Balsamic Vinaigrette</p>	<p>Broccoli, Cauliflower & Cheese Casserole with Baked Chicken Breast, Plain Pasta, Fresh Baked Baguette, Fresh Cut Fruit</p> <p>Grilled Turkey Caprice Panini with Turkey, Spinach, Mozzarella, Tomato & Fresh Basil Pesto on Ciabatta Bread, Served with Lentil Soup</p> <p>Romaine Salad with Grape Tomato, Black Olives, Crouton, Breaded Chicken, Parmesan Cheese, Tossed in Italian Dressing</p>	<p>Baked Ziti with Turkey Kielbasa, Vegetable Medley, Garlic Bread, Fresh Cut Fruit</p> <p>Tuna Apple Pecan Salad with Spring Mix on Cranberry Walnut Bread, House Made Veggie Chips</p> <p>Chicken Parmesan with Marinara Sauce, Angel Hair Pasta, Sautéed Broccoli</p>	<p>Chicken and Waffles, Roasted Red Potatoes, Steamed Broccoli, Ketchup, Fresh Cut Fruit</p> <p>Grass-fed Meatloaf, Garlic Mashed Potatoes, Sautéed Green Beans</p> <p>California Turkey Wrap in Spinach Tortilla, Oven Baked Turkey, Spinach, Avocado & Tomato, Served with Fruit Salad</p>
14-Feb	15-Feb	16-Feb	17-Feb	18-Feb
<p>Macaroni and Cheese with Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit</p> <p>Beef Fajitas with Grilled Peppers & Onions on Flour Tortilla, Black Beans & Spanish Rice</p> <p>Organic Kale Salad with Cranberry, Apple, Almonds & Breaded Chicken Breast, Tossed with Lemon Vinaigrette</p>	<p>Chicken & Cheese Quesadillas, Steamed Rice, Black Beans, Fresh Cut Fruit</p> <p>Chicken Salad Sandwich with Spring Mix on Croissant, House Made Veggie Chips</p> <p>Mandarin Chicken Salad: Field Greens, Dried Cranberry & Mandarin, Toasted Pecan & Breaded Chicken Breast, Tossed with Balsamic Vinaigrette</p>	<p>Chicken Fried Rice with Carrots & Lima Beans, Steamed Broccoli, Fresh Baked Baguette, Fresh Cut Fruit</p> <p>Grilled Turkey Caprice Panini with Turkey, Spinach, Mozzarella, Tomato & Fresh Basil Pesto on Ciabatta Bread, Served with Lentil Soup</p> <p>Romaine Salad with Grape Tomato, Black Olives, Crouton, Breaded Chicken, Parmesan Cheese, Tossed in Italian Dressing</p>	<p>Grassfed Beef Meatballs, Garden Rotini Pasta, Marinara Sauce, Baked Yellow Squash, Fresh Cut Fruit</p> <p>Tuna Apple Pecan Salad with Spring Mix on Cranberry Walnut Bread, House Made Veggie Chips</p> <p>Chicken Parmesan with Marinara Sauce, Angel Hair Pasta, Sautéed Broccoli</p>	<p>SCHOOL CLOSED</p>
21-Feb	22-Feb	23-Feb	24-Feb	25-Feb
<p>SCHOOL CLOSED</p>	<p>Turkey and Cheese Wrap, Sliced Cucumbers, Vanilla Yogurt, Fresh Cut Fruit</p> <p>Chicken Salad Sandwich with Spring Mix on Croissant, House Made Veggie Chips</p> <p>Mandarin Chicken Salad: Field Greens, Dried Cranberry & Mandarin, Toasted Pecan & Breaded Chicken Breast, Tossed with Balsamic Vinaigrette</p>	<p>Chicken Meatballs, Mashed Potatoes with Cheddar Cheese, Peas & Diced Carrots, Fresh Cut Fruit</p> <p>Grilled Turkey Caprice Panini with Turkey, Spinach, Mozzarella, Tomato & Fresh Basil Pesto on Ciabatta Bread, Served with Lentil Soup</p> <p>Romaine Salad with Grape Tomato, Black Olives, Crouton, Breaded Chicken, Parmesan Cheese, Tossed in Italian Dressing</p>	<p>Spaghetti with Turkey Meat Sauce, Fresh Green Beans & Carrots, Fresh Cut Fruit</p> <p>Tuna Apple Pecan Salad with Spring Mix on Cranberry Walnut Bread, House Made Veggie Chips</p> <p>Chicken Parmesan with Marinara Sauce, Angel Hair Pasta, Sautéed Broccoli</p>	<p>Breakfast for Lunch: Turkey Sausage, Pancakes, Breakfast Potato, Steamed Broccoli, Fresh Cut Fruit</p> <p>Grass-fed Meatloaf, Garlic Mashed Potatoes, Sautéed Green Beans</p> <p>California Turkey Wrap in Spinach Tortilla, Oven Baked Turkey, Spinach, Avocado & Tomato, Served with Fruit Salad</p>
28-Feb	1-Mar	2-Mar	3-Mar	4-Mar
<p>Baked Chicken Breast with Alfredo Sauce, Farfalle Pasta, Oven Roasted Carrots, Fresh Cut Fruit</p> <p>Beef Fajitas with Grilled Peppers & Onions on Flour Tortilla, Black Beans & Spanish Rice</p> <p>Organic Kale Salad with Cranberry, Apple, Almonds & Breaded Chicken Breast, Tossed with Lemon Vinaigrette</p>				

*Regular Staff

\$5.25/meal