



The Westview School Staff Lunch Menu October--2021

Monday 27-Sep	Tuesday 28-Sep	Wednesday 29-Sep	Thursday 30-Sep	Friday 1-Oct
				Breakfast for Lunch: Turkey Sausage, Pancakes, Breakfast Potato, Steamed Broccoli, Fresh Cut Fruit Grass-fed Meatloaf, Garlic Mashed Potatoes, Sautéed Green Beans California Turkey Wrap in Spinach Tortilla, Oven Baked Turkey, Spinach, Avocado & Tomato, Served with Fruit Salad
4-Oct	5-Oct	6-Oct	7-Oct	8-Oct
Baked Chicken Breast with Alfredo Sauce, Farfalle Pasta, Oven Roasted Carrots, Fresh Cut Fruit Organic Kale Salad with Grilled Chicken Breast, Sliced Apples, Toasted Pumpkin Seeds, Fresh Blueberry, Feta Cheese, Tossed with Blueberry Ginger Dressing Beef Fajitas with Grilled Peppers & Onions on Flour Tortilla, Black Beans & Spanish Rice	Turkey & Cheese Croissant, Caprice Pasta Salad with Fresh Basil, Tomato, Mozzarella Cheese & Olive Oil, Sliced Cucumbers, Fresh Cut Fruit Mandarin Chicken Salad: Field Greens, Dried Cranberry & Mandarin, Toasted Pecan & Breaded Chicken Breast, Tossed with Balsamic Vinaigrette Chicken Salad Sandwich with Spring Mix on Croissant, House Made Veggie Chips	Chicken Nuggets, Waffle Fries, Steamed Broccoli, Ketchup, Fresh Cut Fruit Romaine Salad with Grape Tomato, Black Olives, Cruton, Breaded Chicken, Parmesan Cheese, Tossed in Italian Dressing Grilled Turkey Caprice Panini with Turkey, Spinach, Mozzarella, Tomato & Fresh Basil Pesto on Ciabatta Bread, Served with Lentil Soup	Parmesan & Ricotta Ravioli, Green Peas & Diced Carrots, Garlic Bread, Fresh Cut Fruit Loaded Baked Potato with Chopped Brisket, Cheddar Cheese, BBQ Sauce, Sour Cream, Served with Broccoli & Cheese Soup. Tuna Apple Pecan Salad with Spring Mix on Cranberry Walnut Bread, House Made Veggie Chips	SCHOOL CLOSED
11-Oct	12-Oct	13-Oct	14-Oct	15-Oct
SCHOOL CLOSED	Grilled Turkey and Cheddar Sandwich, Sweet Potato Tots, Steamed Broccoli, Fresh Cut Fruit Mandarin Chicken Salad: Field Greens, Dried Cranberry & Mandarin, Toasted Pecan & Breaded Chicken Breast, Tossed with Balsamic Vinaigrette Chicken Salad Sandwich with Spring Mix on Croissant, House Made Veggie Chips	Broccoli, Cauliflower & Cheese Casserole with Baked Chicken Breast, Plain Pasta, Fresh Baked Baguette, Fresh Cut Fruit Romaine Salad with Grape Tomato, Black Olives, Cruton, Breaded Chicken, Parmesan Cheese, Tossed in Italian Dressing Grilled Turkey Caprice Panini with Turkey, Spinach, Mozzarella, Tomato & Fresh Basil Pesto on Ciabatta Bread, Served with Lentil Soup	Pasta Primavera with Turkey Sausage, Oven Roasted Zucchini, Fresh Cut Fruit Loaded Baked Potato with Chopped Brisket, Cheddar Cheese, BBQ Sauce, Sour Cream, Served with Broccoli & Cheese Soup. Tuna Apple Pecan Salad with Spring Mix on Cranberry Walnut Bread, House Made Veggie Chips	Chicken and Waffles, Roasted Red Potatoes, Steamed Broccoli, Ketchup, Fresh Cut Fruit Grass-fed Meatloaf, Garlic Mashed Potatoes, Sautéed Green Beans California Turkey Wrap in Spinach Tortilla, Oven Baked Turkey, Spinach, Avocado & Tomato, Served with Fruit Salad
18-Oct	19-Oct	20-Oct	21-Oct	22-Oct
Grassfed Beef Sloppy Joe Slider, Sweet Potato Tots, Fresh Corn, Fresh Cut Fruit Organic Kale Salad with Grilled Chicken Breast, Sliced Apples, Toasted Pumpkin Seeds, Fresh Blueberry, Feta Cheese, Tossed with Blueberry Ginger Dressing Beef Fajitas with Grilled Peppers & Onions on Flour Tortilla, Black Beans & Spanish Rice	Chicken & Cheese Quesadillas, Brown Rice, Black Beans, Fresh Cut Fruit Mandarin Chicken Salad: Field Greens, Dried Cranberry & Mandarin, Toasted Pecan & Breaded Chicken Breast, Tossed with Balsamic Vinaigrette Chicken Salad Sandwich with Spring Mix on Croissant, House Made Veggie Chips	Chicken Meatballs, Mashed Potatoes with Cheddar Cheese, Peas & Diced Carrots, Fresh Cut Fruit Romaine Salad with Grape Tomato, Black Olives, Cruton, Breaded Chicken, Parmesan Cheese, Tossed in Italian Dressing Grilled Turkey Caprice Panini with Turkey, Spinach, Mozzarella, Tomato & Fresh Basil Pesto on Ciabatta Bread, Served with Lentil Soup	Spaghetti with Turkey Meat Sauce, Fresh Green Beans & Carrots, Fresh Cut Fruit Loaded Baked Potato with Chopped Brisket, Cheddar Cheese, BBQ Sauce, Sour Cream, Served with Broccoli & Cheese Soup. Tuna Apple Pecan Salad with Spring Mix on Cranberry Walnut Bread, House Made Veggie Chips	Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing, Fresh Cut Fruit Grass-fed Meatloaf, Garlic Mashed Potatoes, Sautéed Green Beans California Turkey Wrap in Spinach Tortilla, Oven Baked Turkey, Spinach, Avocado & Tomato, Served with Fruit Salad
25-Oct	26-Oct	27-Oct	28-Oct	29-Oct
Macaroni and Cheese with Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit Organic Kale Salad with Grilled Chicken Breast, Sliced Apples, Toasted Pumpkin Seeds, Fresh Blueberry, Feta Cheese, Tossed with Blueberry Ginger Dressing Beef Fajitas with Grilled Peppers & Onions on Flour Tortilla, Black Beans & Spanish Rice	Turkey and Cheese Wrap, Sliced Cucumbers, Vanilla Yogurt, Fresh Cut Fruit Mandarin Chicken Salad: Field Greens, Dried Cranberry & Mandarin, Toasted Pecan & Breaded Chicken Breast, Tossed with Balsamic Vinaigrette Chicken Salad Sandwich with Spring Mix on Croissant, House Made Veggie Chips	Chicken Fried Rice with Carrots & Lima Beans, Steamed Broccoli, Fresh Baked Baguette, Fresh Cut Fruit Romaine Salad with Grape Tomato, Black Olives, Cruton, Breaded Chicken, Parmesan Cheese, Tossed in Italian Dressing Grilled Turkey Caprice Panini with Turkey, Spinach, Mozzarella, Tomato & Fresh Basil Pesto on Ciabatta Bread, Served with Lentil Soup	Grassfed Beef Meatballs, Garden Rotini Pasta, Marinara Sauce, Baked Yellow Squash, Fresh Cut Fruit Loaded Baked Potato with Chopped Brisket, Cheddar Cheese, BBQ Sauce, Sour Cream, Served with Broccoli & Cheese Soup. Tuna Apple Pecan Salad with Spring Mix on Cranberry Walnut Bread, House Made Veggie Chips	Baked Ziti with Turkey Kielbasa, Vegetable Medley, Garlic Bread, Fresh Cut Fruit Grass-fed Meatloaf, Garlic Mashed Potatoes, Sautéed Green Beans California Turkey Wrap in Spinach Tortilla, Oven Baked Turkey, Spinach, Avocado & Tomato, Served with Fruit Salad

*Regular Staff

\$5.25/meal