



## The Westview School Staff Lunch Menu December--2022

Monday 28-Nov	Tuesday 29-Nov	Wednesday 30-Nov	Thursday 1-Dec	Friday 2-Dec
			Baked Chicken Breast with Anaheim Sauce, Steamed Rice, Diced Carrots and Peas, Fresh Cut Fruit  Grilled Veggie Panini with Spinach, Portabella Mushrooms, Bell Peppers, Caramelized Onions & Pesto on Ciabatta Bread, Served with Broccoli Soup  Tuna Apple Pecan Salad with Spring Mix on Cranberry Walnut Bread, House Made Veggie Chips	Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing, Fresh Cut Fruit  Breaded Chicken Breast Stuffed with Spinach and Cheese, Rice Pilaf, Seasonal Vegetables  Chicken Caesar Salad, Romaine, Crouton, Parmesan Cheese, Grape Tomato and Caesar Dressing
5-Dec	6-Dec	7-Dec	8-Dec	9-Dec
Baked Chicken Breast with Alfredo Sauce, Farfalle Pasta, Oven Roasted Carrots, Fresh Cut Fruit  Chicken Parmesan with Marinara Sauce, Angel Hair Pasta, Sautéed Broccoli  Organic Kale Salad with Grilled Chicken Breast, Sliced Apples, Toasted Pumpkin Seeds, Fresh Blueberry, Feta Cheese, Tossed with Blueberry Ginger Dressing	Turkey & Cheese Croissant, Caprice Pasta Salad with Fresh Basil, Tomato, Cucumber, Mozzarella Cheese & Olive Oil, Fresh Cut Fruit  Pasta Salad with Chicken Breast, Grilled Asparagus, Fresh Basil, Mozzarella Cheese And Grape Tomato.  Chicken Salad Sandwich with Spring Mix on Croissant, House Made Veggie Chips	Broccoli, Cauliflower & Cheese Casserole with Baked Chicken Breast, Plain Pasta, Fresh Baked Baguette, Fresh Cut Fruit  Beef Fajitas with Grilled Peppers & Onions on Flour Tortilla, Black Beans & Spanish Rice  Chicken Fettuccini Alfredo with Mushrooms and Peas, Garlic Bread	Rosemary Chicken with Rice Pilaf, Roasted Red Potato & Carrots, French Bread, Fresh Cut Fruit  Grilled Veggie Panini with Spinach, Portabella Mushrooms, Bell Peppers, Caramelized Onions & Pesto on Ciabatta Bread, Served with Broccoli Soup  Tuna Apple Pecan Salad with Spring Mix on Cranberry Walnut Bread, House Made Veggie Chips	Beefy Mac and Cheese, Fresh Corn, French Bread, Fresh Cut Fruit  Breaded Chicken Breast Stuffed with Spinach and Cheese, Rice Pilaf, Seasonal Vegetables  Chicken Caesar Salad, Romaine, Crouton, Parmesan Cheese, Grape Tomato and Caesar Dressing
12-Dec	13-Dec	14-Dec	15-Dec	16-Dec
BBQ Beef Slider, Baked Beans, Fresh Corn, Fresh Cut Fruit  Chicken Parmesan with Marinara Sauce, Angel Hair Pasta, Sautéed Broccoli  Organic Kale Salad with Grilled Chicken Breast, Sliced Apples, Toasted Pumpkin Seeds, Fresh Blueberry, Feta Cheese, Tossed with Blueberry Ginger Dressing	Baked Chicken Breast, Mashed Potatoes with Cheddar Cheese, Oven Roasted Carrots, Fresh Cut Fruit  Pasta Salad with Chicken Breast, Grilled Asparagus, Fresh Basil, Mozzarella Cheese And Grape Tomato.  Chicken Salad Sandwich with Spring Mix on Croissant, House Made Veggie Chips	Chicken Nuggets, Waffle Fries, Steamed Broccoli, Ketchup, Fresh Cut Fruit  Beef Fajitas with Grilled Peppers & Onions on Flour Tortilla, Black Beans & Spanish Rice  Chicken Fettuccini Alfredo with Mushrooms and Peas, Garlic Bread	Chicken & Cheese Quesadillas, Steamed Rice, Black Beans, Fresh Cut Fruit  Grilled Veggie Panini with Spinach, Portabella Mushrooms, Bell Peppers, Caramelized Onions & Pesto on Ciabatta Bread, Served with Broccoli Soup  Tuna Apple Pecan Salad with Spring Mix on Cranberry Walnut Bread, House Made Veggie Chips	SCHOOL CLOSED
19-Dec	20-Dec	21-Dec	22-Dec	23-Dec
SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED
26-Dec	27-Dec	28-Dec	29-Dec	30-Dec
SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED

\*Regular Staff