



The Westview School Staff Lunch Menu November--2022

Monday	Tuesday	Wednesday	Thursday	Friday
31-Oct	1-Nov	2-Nov	3-Nov	4-Nov
	<p>Baked Chicken Breast with Anaheim Sauce, Steamed Rice, Diced Carrots and Peas, Fresh Cut Fruit</p> <p>Pasta Salad with Chicken Breast, Grilled Asparagus, Fresh Basil, Mozzarella Cheese And Grape Tomato.</p> <p>Chicken Salad Sandwich with Spring Mix on Croissant, House Made Veggie Chips</p>	<p>Broccoli, Cauliflower & Cheese Casserole with Baked Chicken Breast, Plain Pasta, Fresh Baked Baguette, Fresh Cut Fruit</p> <p>Grilled Turkey Caprice Panini with Turkey, Spinach, Mozzarella, Tomato & Fresh Basil Pesto on Ciabatta Bread, Served with Lentil Soup</p> <p>Spinach Salad with Roasted Sweet Potato, Turkey Breast, Apple & Cranberry with Balsamic Vinaigrette</p>	<p>Grilled Beef Brisket and Cheddar Sandwich, Tater Tots, Steamed Broccoli, Fresh Cut Fruit</p> <p>Loaded Baked Potato with Chopped Brisket, Cheddar Cheese, BBQ Sauce, Sour Cream, Served with Broccoli & Cheese Soup.</p> <p>Tuna Apple Pecan Salad with Spring Mix on Cranberry Walnut Bread, House Made Veggie Chips</p>	<p>Breakfast for Lunch: Turkey Sausage, Pancakes, Breakfast Potato, Steamed Broccoli, Fresh Cut Fruit</p> <p>Breaded Chicken Breast Stuffed with Spinach and Cheese, Rice Pilaf, Seasonal Vegetables</p> <p>Cobb Salad, Turkey, Hard Boiled Eggs, Carrots, Cheese, Cucumbers, and Romaine with House Made Ranch Dressing</p>
7-Nov	8-Nov	9-Nov	10-Nov	11-Nov
<p>Baked Chicken Breast with Alfredo Sauce, Farfalle Pasta, Oven Roasted Carrots, Fresh Cut Fruit</p> <p>Chicken Parmesan with Marinara Sauce, Angel Hair Pasta, Sautéed Broccoli</p> <p>Organic Kale Salad with Grilled Chicken Breast, Sliced Apples, Toasted Pumpkin Seeds, Fresh Blueberry, Feta Cheese, Tossed with Blueberry Ginger Dressing</p>	<p>Turkey & Cheese Croissant, Caprice Pasta Salad with Fresh Basil, Tomato, Cucumber, Mozzarella Cheese & Olive Oil, Fresh Cut Fruit</p> <p>Pasta Salad with Chicken Breast, Grilled Asparagus, Fresh Basil, Mozzarella Cheese And Grape Tomato.</p> <p>Chicken Salad Sandwich with Spring Mix on Croissant, House Made Veggie Chips</p>	<p>Chicken Nuggets, Waffle Fries, Steamed Broccoli, Ketchup, Fresh Cut Fruit</p> <p>Grilled Turkey Caprice Panini with Turkey, Spinach, Mozzarella, Tomato & Fresh Basil Pesto on Ciabatta Bread, Served with Lentil Soup</p> <p>Spinach Salad with Roasted Sweet Potato, Turkey Breast, Apple & Cranberry with Balsamic Vinaigrette</p>	<p>Chicken Fried Rice with Carrots & Lima Beans, Steamed Broccoli, Fresh Baked Baguette, Fresh Cut Fruit</p> <p>Loaded Baked Potato with Chopped Brisket, Cheddar Cheese, BBQ Sauce, Sour Cream, Served with Broccoli & Cheese Soup.</p> <p>Tuna Apple Pecan Salad with Spring Mix on Cranberry Walnut Bread, House Made Veggie Chips</p>	<p>Beef Lasagna with Ricotta Cheese, Mozzarella Cheese & Tomato Basil Pasta Sauce, Baked Yellow Squash, Garlic Bread, Fresh Cut Fruit</p> <p>Breaded Chicken Breast Stuffed with Spinach and Cheese, Rice Pilaf, Seasonal Vegetables</p> <p>Cobb Salad, Turkey, Hard Boiled Eggs, Carrots, Cheese, Cucumbers, and Romaine with House Made Ranch Dressing</p>
14-Nov	15-Nov	16-Nov	17-Nov	18-Nov
<p>Macaroni and Cheese with Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit</p> <p>Chicken Parmesan with Marinara Sauce, Angel Hair Pasta, Sautéed Broccoli</p> <p>Organic Kale Salad with Grilled Chicken Breast, Sliced Apples, Toasted Pumpkin Seeds, Fresh Blueberry, Feta Cheese, Tossed with Blueberry Ginger Dressing</p>	<p>Baked Ziti with Turkey Kielbasa, Vegetable Medley, Garlic Bread, Fresh Cut Fruit</p> <p>Pasta Salad with Chicken Breast, Grilled Asparagus, Fresh Basil, Mozzarella Cheese And Grape Tomato.</p> <p>Chicken Salad Sandwich with Spring Mix on Croissant, House Made Veggie Chips</p>	<p>Rosemary Chicken, Mashed Sweet Potato, Green Beans, Dinner Roll, Fresh Cut Fruit</p> <p>Grilled Turkey Caprice Panini with Turkey, Spinach, Mozzarella, Tomato & Fresh Basil Pesto on Ciabatta Bread, Served with Lentil Soup</p> <p>Spinach Salad with Roasted Sweet Potato, Turkey Breast, Apple & Cranberry with Balsamic Vinaigrette</p>	<p>Beef Tamales, Black Beans, Steamed Rice, Fresh Cut Fruit</p> <p>Loaded Baked Potato with Chopped Brisket, Cheddar Cheese, BBQ Sauce, Sour Cream, Served with Broccoli & Cheese Soup.</p> <p>Tuna Apple Pecan Salad with Spring Mix on Cranberry Walnut Bread, House Made Veggie Chips</p>	<p>Chicken and Waffles, Roasted Red Potatoes, Steamed Broccoli, Ketchup, Fresh Cut Fruit</p> <p>Breaded Chicken Breast Stuffed with Spinach and Cheese, Rice Pilaf, Seasonal Vegetables</p> <p>Cobb Salad, Turkey, Hard Boiled Eggs, Carrots, Cheese, Cucumbers, and Romaine with House Made Ranch Dressing</p>
21-Nov	22-Nov	23-Nov	24-Nov	25-Nov
SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED
28-Nov	29-Nov	30-Nov	1-Dec	2-Dec
<p>Grassfed Beef Sloppy Joe Slider, Tater Tots, Fresh Corn, Fresh Cut Fruit</p> <p>Chicken Parmesan with Marinara Sauce, Angel Hair Pasta, Sautéed Broccoli</p> <p>Organic Kale Salad with Grilled Chicken Breast, Sliced Apples, Toasted Pumpkin Seeds, Fresh Blueberry, Feta Cheese, Tossed with Blueberry Ginger Dressing</p>	<p>Chicken & Cheese Quesadillas, Steamed Rice, Black Beans, Fresh Cut Fruit</p> <p>Pasta Salad with Chicken Breast, Grilled Asparagus, Fresh Basil, Mozzarella Cheese And Grape Tomato.</p> <p>Chicken Salad Sandwich with Spring Mix on Croissant, House Made Veggie Chips</p>	<p>Spaghetti with Turkey Meat Sauce, Fresh Green Beans & Carrots, Fresh Cut Fruit</p> <p>Grilled Turkey Caprice Panini with Turkey, Spinach, Mozzarella, Tomato & Fresh Basil Pesto on Ciabatta Bread, Served with Lentil Soup</p> <p>Spinach Salad with Roasted Sweet Potato, Turkey Breast, Apple & Cranberry with Balsamic Vinaigrette</p>		

*Regular Staff